

4.1.1.2 The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga center etc.

Sr. No.	Particulars	Page No.
1	Infrastructure for Cultural Activities	2 to 4
2	Various Cultural Activities	5
3	Infrastructure for Sports	7
4	Sports Activities	8 to 12
5	Gymnasium	14 to 17
6	Yoga Center	19 to 20

Infrastructure for Cultural Activity



Infrastructure for Cultural Activities

Cultural Department has been established to promote and develop Skills of acting, singing, dancing, and presentation, individual and group performances among students. The cultural Department organizes various events, functions, competitions and extra-curricular activities to enhance skills and instill values and life skills among the students. To develop national integrity and inculcate values of Indian tradition Cultural Department celebrates birth and death anniversaries of national leaders and social reformers. These Commemorative days helps to inculcate ethical, moral and human values among the students, faculties, and stakeholders throughout the academic year.

In the Academic Year 2023-24 Cultural Department organizes various activities like Teachers' Day, International Women's Day, and Traditional Day. On the occasion of Birth Anniversary of Padmbhushan Dr. Karmaveer Bhaurao Patil Cultural Department organized competitions like Elocution, Essay Writing, Rangoli, Mehandi, Photography etc.

In this academic year Shivaji University Kolhapur organized 43rd District Level Youth Festival on 7th October 2023 at Arts and Commerce College, Pusegaon. In this 32 students were participated in Folk Dance, Sreet Play, One Act Play, Skit, Mime, Indian Group Song, Quize, Debate, English, Marathi and Hindi Elocution. Street Play achieved first rank and Folk dance and Marathi Elocution achieved Third rank and selected for Central Youth Festival.

Shivaji University, Kolhapur organized Central Youth festival during 11th October to 13th October 2023 at Dahiwadi College, Dahiwadi. In this 27 students wereparticipated in Folk Dance, Sreet Play, Marathi Elocution, Mehndi, Rangoli, Spot Photography, Mural creation, Mono acting, carton, Group Composition etc. In Mehandi Vidya Patel got First Prize and Group Composition Got Second Prize. Vaishanvi Salunkhe, Vidya Patel and Sharvari Shinde participated in this event.

Vidya Patel represent Shivaji University at Zonal Level Youth Festival and Payal Jadhav represent Shivaji University in "Indradhanusha" Competition at state Level. Cultural Department also actively participated in 10th District Level Youth Festival organized by Sevagiri Devasthan Trust, Pusegaon. 22nd students participated in various competitions and ranked 1st in Sreet play, 2nd in Folk dance, and 3rd in Group Song. Cultural Department organized such activities in the academic year 2023-24 under the guidance of Hon. Principal, Coordinator and committee members cooperate actively for the successful organization of the events.

Sr. No.	Particular	Numbers	Area in sq. ft
1	Auditorium / Art Circle / Cultural Hall	1	2565
2	Open Air Theatre	2	
3	Harmonium	1	Instruments
4	Tabala	2	msuuments

Infrastructure for Cultural Activity

Chairman Departmen of Cultural Savitribai Phote Manila Mahavidyalaya Satara,



Dal Savitribai Phule Mahila Mahavidyalaya SATARA.

2



Infrastructure for Cultural Activities



Auditorium / Art Circle / Cultural Hall



Indoor Hall



Open Air Theatre-1



Open Air Theatre-2

Various Cultural Activities









Principal

Savitribai Phule Mahila Mahavidyalaya SATARA.

Infrastructure for Sports



Infrastructure for Indoor and Outdoor Sport Facilities

The college ground is not only used for specific sports activities but many activities like Volleyball, Kho-Kho, Kabaddi, Shot Put, Discus Throw, long jump, triple jump and also health related physical activities like running jogging, Aerobics zumba and walking such activities refresh their minds. Students are inspired to participate in various sports events at university, State, National and International level.

Sr. No.	Content	Area in sq. ft.
1	Chess	
2	Carom	2000
3	Table Tennis	
4	Yoga	
5	Ground	6075 sq. ft.
6	Kabaddi Ground	11m*13m
7	Volleyball Ground	9m*18m
8	Shot Put & Hammer Throw	106m.radius circle
9	Disk Throw	1.25m.radius circle
10	Kho-kho	16m*29m
11	Jumping pit with sand	3.75*9m

Infrastructure for Indoor and Outdoor Sports

Director of Physical Education Savitribai Phule Mahila Mahavidyalaya Satara

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Savitribai Phule Mahila Mahavidyalaya SATARA.

7

Indoor Facilities

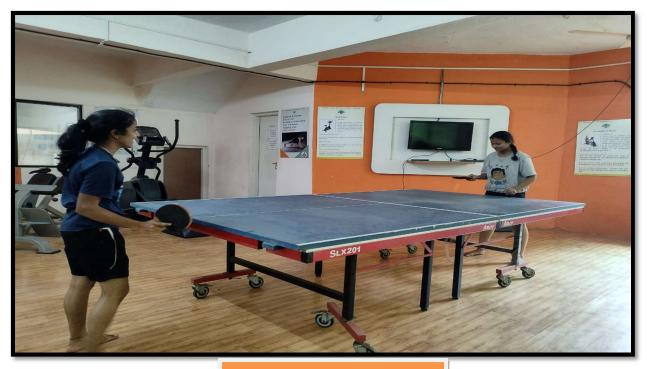


Table Tennis



Chess



Self-Defence (Lathi-Kathi Training)



Yoga Training

Outdoor Sports Events







Kho-Kho



Tug of War



Running



Shot Put



Self Defense Training



Director of Physical Education Savitribai Phule Mahila Mahavidyalaya Satara

IQAC Co-ordinator Savitribai Phule Mahila Mahavidyalaya SATARA.

Ladies Gymnasium

	Laures Gymnasium				
Sr. No.	Facilities	Features	Area in sq. ft.		
1	Office for Physical director	Office furnished with computer and internet connectivity	66 sq. ft.		
2	Gymnasium Hall	with latest equipments of Jerai Company	2100		
3	Store room	Sports Material	100 sq. ft.		
4	Two Changing Room		50 sq. ft.		

Ladies Gymnasium

Features of Ladies Gymnasium:

To ensure sound body and mind, students are motivated to give special attention on Health and mental fitness to provide the sources for this specific purpose College has availed well equipped ladies gymnasium with latest equipments of Jerai Company. Such as:

- Elliptical cross Trainer
- Recumbell bike
- Gym ball
- Treadmill 02
- Upright bike
- Spinning Bike
- Pee Fly Machine
- Lat. Pull down
- Leg curl extension combo
- Glute machine
- Leg Press Machine
- Seated Calf Machine
- Cable Cross Over
- Two Super Bench
- 200kg Dumbbells with rack twin tier 'weight machine
- Vertical Plate Tree
- Medicine Balls

Director of Physical Education Savitribai Phule Mahila Mahavidyalaya Satara

Co-ordinator

Principal Savitribai Phule Mahila Mahavidyalaya SAIARA.

Gymnasium Equipment's



Gymnasium Equipment's







Students Practice on Various Equipment's

Sille Director of Physical Education Savitribai Phule Mahila Mahavidyalaya Satara

forphale IQAC Co-ordinator

10

Principal Savitribai Phule Mahila Mahavidyalaya SATARA.

Yoga Centre

Yoga Center

The institute celebrates International Yoga Day. Physical Director is National Yoga player and trainer. Institute has organized special training session under the guidance of eminent trainer for students and staff. Taking the efforts of institute into consideration management sanctioned the Yoga center in institute. The International Day of Yoga is celebrated annually on 21 June. Yoga is a physical, mental, and spiritual practice that originated in our Nation. Yoga training for yoga volunteers was conducted for girls on 1/08/2023 to 8/8/2023. In this training volunteer's trained about awareness about yoga in society. Teach them about common protocol about yoga developed by ministry of AYUSH.

In this training we develop there demonstration skill, and principal and practice of yoga therapy. Yoga volunteer's worked as a promotion of self-health and also school and university yoga games from this training all this volunteers who are interested in yogic science. This training was much effective for gymkhana department to develop yoga team for university games. Ms. Smita Kumbhar guided them for daily Fitness & practice of yogic suryanaskar and yogic science. Principal Dr. Shivling Menkudale motivated students with Moral support as well as suggested to provide standard facility for this yoga center.

Infrastructure for Yoga Centre

Sr. No.	Facilities	Features	Area in sq. ft.
1	Gymnasium Hall	14 Yoga Mats, o4 Multipurpose Mats	2100
2	Auditorium		2565
3	Open Ground		1716 3850

Director of Physical Education Savitribai Phule Mahila Mahavidyalaya Satara

Savitribai Ph la Mahavidyalaya

Glimpses of Yoga Training



BUL Director of Physical Education Savitribai Phule Mahila Mahavidyalaya Satara

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Co-ordinator Savitribai Phule Mahila Mahavidyalaya SATARA.