



Rayat Shikshan Sanstha's  
**Savitribai Phule Mahila Mahavidyalaya, Satara**  
Academic Year: 2024-25

**Report on Workshop on Family Life Education**  
**Organized by IQAC and Women Empowerment Cell:**  
**"Beyond the Boundaries"**

**Day & Date: Saturday, 10<sup>th</sup> January 2025**

**Time: 10 am**

A workshop titled "**Beyond the Boundaries**", focused on *Family Life Education*, was organized by the IQAC (Internal Quality Assurance Cell) and Women Empowerment Cell of Savitribai Phule Mahila Mahavidyalaya, Satara, on **10th January 2025** at 10:00 AM in Hall No. S-6. The workshop aimed to address real-life decision-making challenges while fostering skills for family and personal well-being.

**Objectives of the Workshop**

1. **Enhancing Decision-Making Skills:** To equip students with the ability to make informed and balanced decisions in personal and familial contexts.
2. **Strengthening Interpersonal Skills:** To help participants navigate social relationships, including friendships and marriage, with a focus on values, compatibility, and long-term impact.
3. **Promoting Self-Awareness:** To empower students to reflect on their goals, priorities, and the consequences of their choices.

**Key Highlights**

1. **Inaugural Session:**  
The workshop began with a warm welcome and an introduction to the session by **Mr. Ravindra Gaikwad**, who highlighted the importance of family life education in shaping young minds.
2. **Interactive Sessions:**  
The sessions, led by **Dr. Chitra Dabholkar** and her team, involved practical problem-solving exercises. Students were presented with scenarios like:
  - o **Online Friendships While Living in a Hostel:** Weighing the pros and cons of engaging in online relationships while managing academic and personal responsibilities.

- o **Marriage Decision with a Well-Educated Farmer vs. a Temporary Serviceman:** Evaluating compatibility, stability, and values over superficial considerations in life-changing decisions.

These scenarios encouraged participants to think critically and apply values-based decision-making approaches to complex life situations.

**3. Role-Play Activities:**

Students participated in role-plays where they acted out various perspectives, such as those of parents, friends, and peers, to explore diverse viewpoints. This method helped them understand the emotional and practical nuances involved in resolving such dilemmas.

**4. Group Discussions:**

Breakout groups were formed to brainstorm potential solutions and present their conclusions. This fostered collaboration and broadened the participants' perspectives on these challenges.

**5. Compering and Vote of Thanks:**

The program was gracefully compered by **Mr. Roopesh Tanksale**, who ensured smooth transitions between sessions. He also delivered the vote of thanks, expressing gratitude to the resource persons, organizers, and participants for their active involvement.

### **Outcomes of the Workshop**

The workshop successfully provided students with practical tools for making thoughtful decisions, balancing emotions with logic, and considering long-term consequences. Participants expressed increased confidence in handling personal and social challenges.

Through interactive and engaging methods like role-plays and group discussions, the workshop encouraged students to develop empathy, critical thinking, and problem-solving abilities. These skills will serve them well in navigating friendships, marriage, and other life situations.

### **Conclusion**

The "Beyond the Boundaries" workshop on Family Life Education proved to be an enlightening and impactful experience. It underscored the importance of preparing students to make informed decisions while fostering stronger family and social relationships. Such initiatives reflect the college's commitment to holistic education and empowerment.

Photos:



Dr. Chitra Dabholkar guiding the students about decision making for the family

- *Prasphale*  
Co-ordinator  
Women Empowerment cell

- *Prasphale*  
IQAC  
Co-ordinator

*Prasphale*  
Principal  
Savitribai Phule Mahila Mahavidyalaya  
SATARA.



**Savitribai Phule Mahila Mahavidyalaya, Satara**

2024-25

IQAC and WDC Jointly organized Lecture Series

**Beyond The Boundaries**

**Session 3- Family Life Education**

Date- 10/01/2025

Time- 10.00 am

Sr. No	Name of Students	Class	Sign.
1]	Sanika Jotiram Pibal	BCA-I	S.J.Pibal
2]	Srushti Balkrushna Nikam	BCA-I	S.B.Nikam
3]	Prachi Prakash Renuse	BCA-I	P.P.Renuse
4]	Sanika Sandip Nikam	BCA-I	Sanika
5]	Pranjali Dipak Kumbhar	BCA-I	P.D.Kumbhar
6]	Pranali Uddhav chavan	BCA-I	P.U.chavan.
7]	Shama Mahesh Nikam	M.com II	S.M.Nikam
8]	Sakshi Yashwant Chavan	M.com-II	Sakshi
9]	Sakshi Sunil Phadatre	B.A-I	Sakshi
10]	Pooja Ashok Desai	B.A-I	P.A.Desai
11]	Aafreena Jabiulla Baliga	B.A-I	A.Baliga
12]	Vaishnavi Ramdas Lohar	B.A-I	V.Lohar
13]	Sapana Ballakrushna Bamane	B.A-I	S.B.Bamane
14]	Pooja Shahaji Babar.	B.A-I	P.Babar
15]	Punam Shivaji Pawar	B.com II	P.S.Pawar
16]	siya sandip kamble	BA-III	S.Kamble.
17]	Pratiksha Chandrakant Jadhav	B.A:III	P.Jadhav
18]	Gauri Santosh Chavan	B.A:III	G.Chavan
19]	Pranjali Anandras shinde	B.com III	P.Shinde
20]	Shraddha Hanmant Ghadge	B.com III	S.Ghadge
21]	Vaishnavi Ramdas More.	B.com III	V.More

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Sr. No	Name of Students	Class	Sign.
22}	Siddhi Vinayak Shivagh	B.com I	<u>S.V.S</u>
23}	Bushra Ansar Shaikh	B.com I	<u>B.A. Shaikh</u>
24}	Tanvi Vijay Pawar	B.com I	<u>Pawar</u>
25)	Bhujabal Tejaswi Ananda	BCA-II	<u>Bhujabal</u>
26	Bhujabal Aditi Shamrao	BCA-II	<u>Bhujabal</u>
27)	Shirke Shrut Dattatray	B.com-IT <sup>1st</sup>	<u>Shirke</u>
28)	Salunkhe Mayuri Salunkhe	B.com II	<u>Salunkhe</u>
29)	Bodake Samiksha Santosh	B.com II	<u>Bodake</u>
30)	Pawar Sanika Vilas	B.com IT	<u>Pawar</u>
31)	Shweta Rajendra deshmuks	B.com-I	<u>Deshmukh</u>
32)	Divya Shankar Nikam	B.com-I	<u>Nikam</u>
33)	Prajakta Vishwas Pol	B.com-I	<u>Pol</u>
34)	Taiba Faiyyaz palkar	B.com II <sup>II<sup>nd</sup></sup>	<u>T.palkar</u>
35)	Shraddha Vijay More	B.com IT <sup>1st</sup>	<u>More</u>
36)	Yashashri Mangesh chavan	B.com IT <sup>1st</sup>	<u>T.M. Chavan</u>
37)	Shruti Shrikrushna Nimbalkar	B.com IT-1 <sup>st</sup>	<u>S.S. Nimbalkar</u>
38	Rajani sitaram sapkal	B.com IT-1	<u>Sapkal</u>
39.	Shravani Machhindra Wagh.	B.com IT <sup>1st</sup>	<u>S. Wagh</u>
40	Sakshi Kishor Ahire.	B.com IT <sup>1st</sup>	<u>Sakshi</u>
41.	Shreya Pramod karve.	B.com IT <sup>1st</sup>	<u>S.P. Karve</u>
42	Sidra Ansar Shaikh.	B.com IT <sup>1st</sup>	<u>S.A. Shaikh</u>

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Sr. No	Name of Students	Class	Sign.
43]	Ankita Ramesh Salunkhe	B.com I <sup>st</sup>	A.R. Salunkhe
44]	Isha Vijay Gujar	B.com II <sup>st</sup>	I.V. Gujar
45)	Payal Anil Pawar	B.A. III	Payal
46)	Pooja Sandip Nikam	BA. III	Pooja
47)	Shreya Anil Rasal	B.A. III	SRasal
48)	Gitanjali Bajirao Sawant	B.A. III	@bsawant.
49)	Divya Abaji Jadhav.	B.A. III	D.A. Jadhav.
50]	Isha Ramdas Pawar	B.A. I	IPawar
51)	Rupai Shivaji Ghadage	B.CA (I)	R.Ghadage
52)	Gayatri Bharat Kumbhar	B.CA (I)	G.B.K.
53)	Payal Jeevan Pawar	B.CA (I)	P.J.P.
54)	Sanchita dhondiba more	B.CA (I)	Sd M.
55)	Bhoite Durga Dipak	B.CA. II	Bhoite.
56)	Muskan Ashraf Patwarkar	B.A. I	Muskan
57)	Jadhav Sonali Dilip	B.com - I	J.Sonali
58)	Nalage Pranjali Ravindra	B.com - I	P.R. Nalage
59]	Sakshi Mahadev Shinde.	B.com. I	S.M. Shinde
60]	Payal Shivaji Jadhav	B.Com I	P.S. Jadhav
61]	Shrawani Ajit Kadam.	B.com I	Shrawani.
62]	Sakshi Tukaram Dhotre	B.com I	Shakshi
63	Vaishnavi Ramdas Kumbhar	B.com II	V.Kumbhar

