



Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara
Academic Year: 2024-25

A Report of a Workshop on Love and Attraction
organized by IQAC and Women Empowerment Cell: Beyond the
Boundaries

Day and Date: Saturday, 24th January 2025
am

Time: 10

The IQAC (Internal Quality Assurance Cell) and Women Empowerment Cell of **Savitribai Phule Mahila Mahavidyalaya, Satara**, organized an engaging and enlightening workshop on the topic of "**Love and Attraction**" under the initiative "**Beyond the Boundaries**". The workshop aimed to explore the psychological, emotional, and social aspects of love and attraction while promoting self-awareness and emotional intelligence among students.

Objectives of the Workshop

1. **To Explore the Dynamics of Love and Attraction:** Understanding the psychological and emotional factors influencing interpersonal relationships.
2. **To Encourage Healthy Relationship Practices:** Emphasizing mutual respect, communication, and boundaries in relationships.
3. **To Foster Self-Awareness:** Helping participants reflect on their feelings, values, and decision-making in relationships.

Highlights of the Event

1. **Inaugural Session:**
The workshop began with a formal welcome by **Dr. Mrs. Jayashri Aphale**, who introduced the theme and objectives of the session. She emphasized the importance of understanding love and attraction in the context of holistic personal development.
2. **Interactive Talk by Resource Persons:**
The keynote session was delivered by **Dr. Chitra Dabholkar**, who explored the following aspects:
 - o The psychology behind love and attraction.
 - o The difference between infatuation, love, and attachment.
 - o Strategies for building healthy and respectful relationships.

- How to manage emotions and maintain individuality in romantic relationships.

The resource person encouraged participants to ask questions and provided thoughtful, research-backed insights into their queries.

3. **Group Activities and Discussions:**

The workshop included interactive group activities where participants:

- Shared their perspectives on love and attraction.
- Engaged in role-play scenarios to address common relationship challenges.
- Discussed the importance of mutual respect and boundaries in relationships.

4. **Q&A Session:**

The open forum allowed participants to clarify their doubts, discuss societal expectations, and seek guidance on navigating relationships effectively.

5. **Compering and Vote of Thanks:**

The program was efficiently compered by **Ms Aishwarya Kshirsagar**, whose eloquent narration kept the audience engaged throughout the event. The formal vote of thanks was delivered by Ms. Smita Kumbhar expressing gratitude to the resource persons, organizers, and participants for their active involvement.

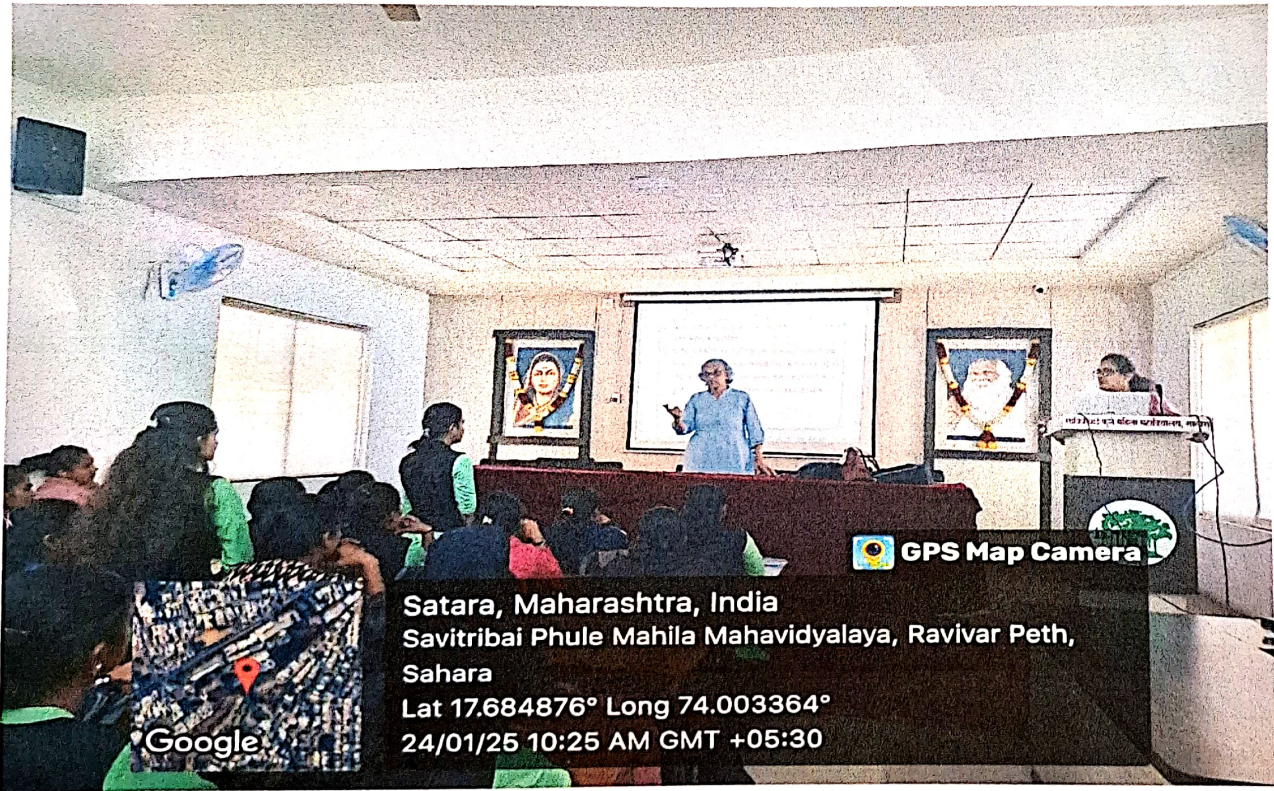
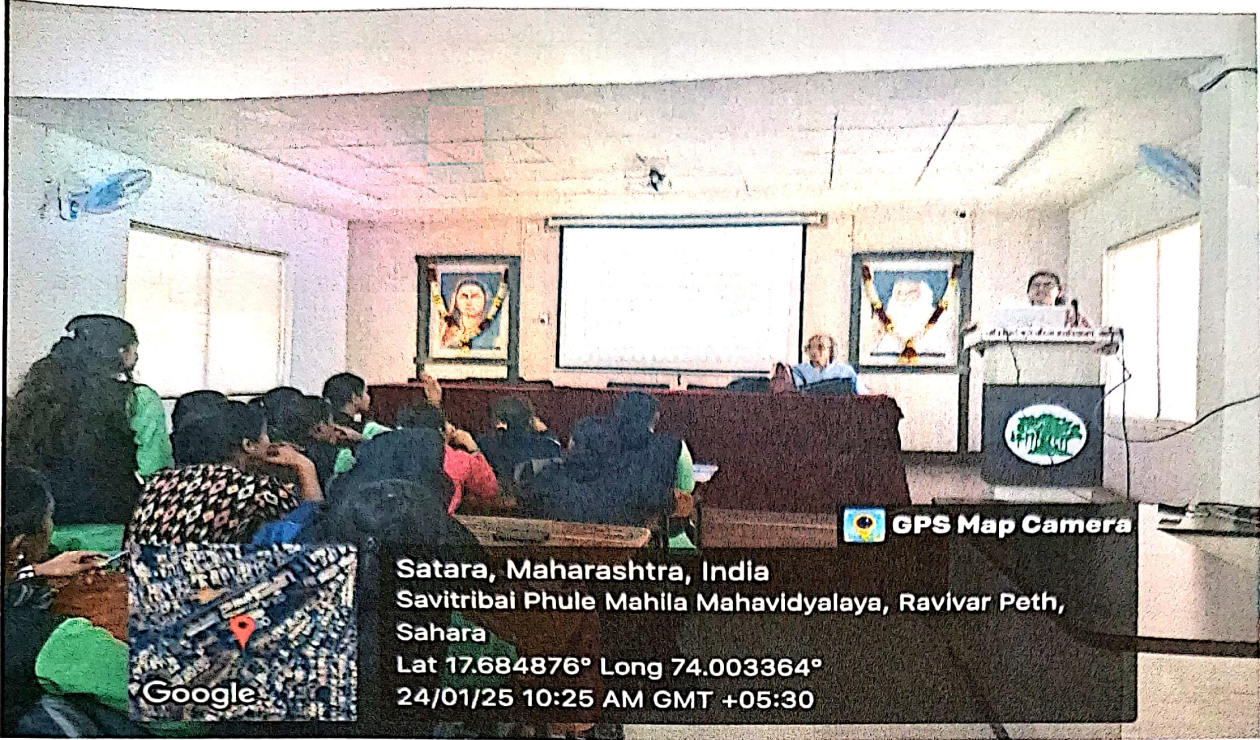
Outcomes of the Workshop

The workshop succeeded in fostering an open and non-judgmental environment where students could discuss their thoughts and experiences related to love and attraction. Participants gained valuable insights into understanding their emotions and making informed decisions in their relationships. The interactive format of the workshop encouraged self-reflection and promoted a balanced perspective on love and attraction.

Conclusion

The workshop on "**Love and Attraction**" was a thought-provoking and enriching session, equipping students with the knowledge and tools to navigate personal relationships healthily and confidently. The initiative highlighted the commitment of Savitribai Phule Mahila Mahavidyalaya, Satara, toward holistic education and student empowerment

Photos:



Jyotshale
Co-ordinator
Women Empowerment cell

Jyotshale
Co-ordinator

Jyotshale
Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.





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Savitribai Phule Mahila Mahavidyalaya, Satara
2024-25

IQAC and WDC Jointly organized Lecture Series
Beyond The Boundaries

Session 5 - Love and Attraction

Date- 24/01/2025

Time- 10.00 am


Sr. No	Name of Students	Class	Sign.
1]	Mankar Amruta Dhondraj	B.A.I	<u>Amr</u>
2]	Bomane sapana Balkurshna	B.A.I	S.B.B.
3]	Pawar Isha Ramdas	BcA-I	IPawar
4]	Ghospade Sakshi Anil	BCA-I	<u>Ghospade</u>
5]	kadam shrawani Ajil	B.com I	<u>Kadam</u>
6]	Anuja chandarkant Javalkar	B.A.I	<u>A.C. Javalkar</u>
7]	Nikam Divya shankar	B.com-I	<u>Nikam</u>
8]	Pol Prajakta vishwas	B.com-I	<u>Pol</u>
9]	Deshmukh Shweta Rajendra	B.com-I	<u>Deshmukh</u>
10]	Pawar Swaranjali kishor	B.com-I	<u>Pawar</u>
11]	Jadhav Anushka Pandurang	B.com-I	<u>Jadhav</u>
12]	More Sanchita Dhondiba	BCA-I	S.D. More
13]	Pawar Payal Jeevan	BCA-I	P.J. Pawar
14]	Nikam Dhanashri sunil	B.com-II	<u>D.S. Nikam</u>
15]	Bhande Apurva shankar	B.com-II	A.S.B.
16]	Mulla Jiya samir	BCA-I	J.S. mulla
17]	Jadhav Divya Santosh	BCA-I	<u>Jadhav</u>
18]	Nileam Sanika Anil	B.Com III	S.A. Nileam
19]	Gadkeri Sakshi Santosh	B.Com III	<u>S.S. Gadkeri</u>
20]	chavan payal Rajendra	B.Com III	P.R. Chavan.



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21)	Gehadge Shrauni Sayaji	B.com III	<u>Cehadge.s.s</u>
22)	phadare arpita sudhakar	M.com II	<u>Arpita</u>
23)	chaudhari Pritee rajendra	M.com II	<u>Pritee</u>
24)	Shirke Shruti Dattatray	B.com I	<u>Shirke</u>
25)	Mahamulkar Srushti Santosh	B.com III	<u>Srushti</u>
26)	Shinde Sakshi Shama	B.A - I	<u>S.S. Shinde.</u>
27)	Ranbagle shruti sanjay	BA - I	<u>S.S. Ranbagle.</u>
28)	More Kajal Pandurang	BCA - I	<u>K.P. more.</u>
29)	Apeksha Rahul Pawar	m.com II	<u>Apeksha</u>
30)	Sujan Akhtar sayyad	m.com II	<u>Sujan</u>
31)	Kalange Pranita Jeyannath	M.Com II	<u>P.K. Kalange</u>
32)	Ashwini Prakash More	M.Com II	<u>A.P. More</u>
33)	Nilcam Shamal Mahesh	M.com II	<u>S.M. Nilcam</u>
34)	Inamdar Iram Badruddin	M.com II.	<u>Iramdar</u>
35)	Siddhi Vinayak Shivagn	B.com I	<u>S.V.S</u>
36)	Bushra Ansar Shaikh	B.com I	<u>B.A. Shaikh</u>
37)	Vaishnavi Gorekhanath Nikam	B.com I	<u>V.G. Nikam</u>
38)	Jadhav Divya Abaji	B.A. III	<u>D.A. Jadhav.</u>
39)	Rokale Gouri Satish	B.com - III	<u>G. Rokale</u>
40)	Pawar Vaishnavi Anil.	B.com III	<u>V.A. Pawar</u>



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Sr. No	Name of Students	Class	Sign.
41	Rasal Shreya Anil	B.A.III	Rasal
42	Pawar Poyal Anil	B.A.III	Poyal
43	Nikam Pooja Sandip	B.A.III	Pooja
44	Sutars Ashwini Madhyappa	B.A.III	A.M. Sutars
45	Stuti Shetty	BCA III	Stuti
46	Ruhija Brosale	BCA III	Rhosale
47	Shivani Baligem	BCA III	S. Baligem
48	Bhande Nikita	BCA III	N.S. Bhande
49	Jadhav Pooja	BCA III	Jadhav
50	Roshni Momin	BCA III	Roshni
51	Kavaskar Dhanashri	BCA III	S. Kavaskar
52	Jadhav Neha Jayvant	BCA III	Jadhav
53	Mokashi Siddhi	BCA III	S.M.
56	Kadam Pradnya	BCA III	Kadam
57	Pawar Anuja	BCA III	Anuja
58	Pawar Poonam	BCA III	P.S. Pawar
59	Pawar Suhani	BCA III	Pawar
60	Khabale Patil Shwetali	BCA III	Shwetali
61	Dhavan Shruti Yogesh	BCA-3	Shruti
62	Mane Swamini Santosh	BCA-3	Mane



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Sr. No	Name of Students	Class	Sign.
63	Katkar Pratiksha Ravindea	BCA-3	
64	Jadhav vedantika Rajesh	BCA-3	
65	Jadhav sanika Jitendra	BCA-3	
66	Jadhav vaishnavi Kisan	BCA-III	
67	Jadhav Tejaswi Santosh	BCA III	
68	Jadhav Shweta Ajay	BCA III	
69	Mane Priyanka Mangesh	BCA III	
70	Salunkhe Payal Ankush	BCA-III	
71	Kachare sayali Tarendra	BCA-III	
72	Bhosale Aishwarya Tanaji	BCA-III	
73	Pharande Sanika Subhash	BCA-III	
74	Kolekar Rutuja Sanjay	BCA-III	
75	Pandhane Priyanka Arvind	BCA III	
76	Ghadage Shrushti Pandurang	BCA III	
77	Ghadage Pratiksha Vitthal	BCA III	
78	Ghadage Arti Tukarum	BCA-III	
79	Dhesale Pooja Kiran	BCA-III	
80	Hadadare Aditi Ajit	BCA-III	
81	Phadate Vaibhavi Santosh	BCA-III	
82	Shinde Pradnya Dayanand	BCA-III	



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83	Thorat Diksha Balkrusha	BCA-III	D.B.Thorat
84	Nikam Sakshi Suryakant	BCA III	Nikam
85	Sutar Shravani Popat	BCA III	S.P.Sutar
86	Suryavanshi Sakshi Pramod	BCA-III	Suryavanshi
87	Kokade sakshi santosh	BCA-III	S.S.Kokade
88	Inamdar Dipika Anil	BCA III	I Inamdar
89	Sakshi Aabaso Shedage	BCA III	S.A.Shedage
90	Kirodat Anushka Santosh	BCA III	A.S.Kirodat
91	Sawant Gauri Vaibhav	BCA III	Sawant
92	Jagdale Sakshi Manoj	BCA III	Sakshi
93	Jadhav Shweta Mangesh	BCA III	Jadhav
94	Jagtap Vaishnavi Vijay	BCA III	Jagtap
95	Raut Bhakti Chandrakant	BCA III	Raut
96	Bhosale Arpita Dhananjay	BCA III	Bhosale
97	Pawar Swapna Baban	BCA III	Pawar
98	Wangade Sakshi Rajendra	BCA III	Wangade
99	Jagadekar Shubhangi Madhukar	BCA-III	Jagadekar
100	Salunkhe Manasi vilas	BCA-III	Salunkhe
101	Gore sayali vilas	BCA-III	Sayali
102	Sadawarte Varsha Prashant	BCA III	Sadawarte