

Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara

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7.2.1 Best Practices

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Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara
Academic Year: 2023-24
Vivekvahini and Speak-out Cell

Film Screening: (XIIth) Fail

By: Vivekvahini Committee

1. Date: 18/10/2023

Film Screening: **Twelfth Fail**

Director: [Vidhu Vinod Chopra]

Based on: The book Twelfth Fail by [Anurag Pathak]

Cast:

Lead Actor: 1. Vikrant Massey

2. Medha Shankar

Supporting Actors: 1. Anant V Joshi

2. Anshuman Pushkar

3. Priyanshu Chatterjee

Synopsis:

Twelfth Fail follows the life of protagonist who grapples with repeated failures in his attempts to pass critical exams. Despite facing numerous setbacks, he remains undeterred in his quest to achieve his dreams. The film explores his journey through various personal and societal challenges, highlighting his resilience and determination.

Key Themes:

1. Perseverance: The protagonist's repeated failures emphasize the importance of persistence in the face of adversity. His journey illustrates how determination can eventually lead to success.

2. Socio-Economic Challenges: The film sheds light on the socio-economic hurdles that individuals face, providing a critique of the educational system and societal expectations.

3. Personal Growth: The protagonist's experiences lead to significant personal development, showcasing the transformative power of overcoming obstacles and self-belief.

Cinematic Techniques:

Storytelling: The film employs a narrative style that focuses on character development and emotional depth, engaging viewers with its realistic portrayal of struggle and success.

Visuals and Direction: Under the direction of [Director's Name], the film uses visual storytelling to enhance the narrative, capturing the emotional nuances of the protagonist's journey.

Reception:

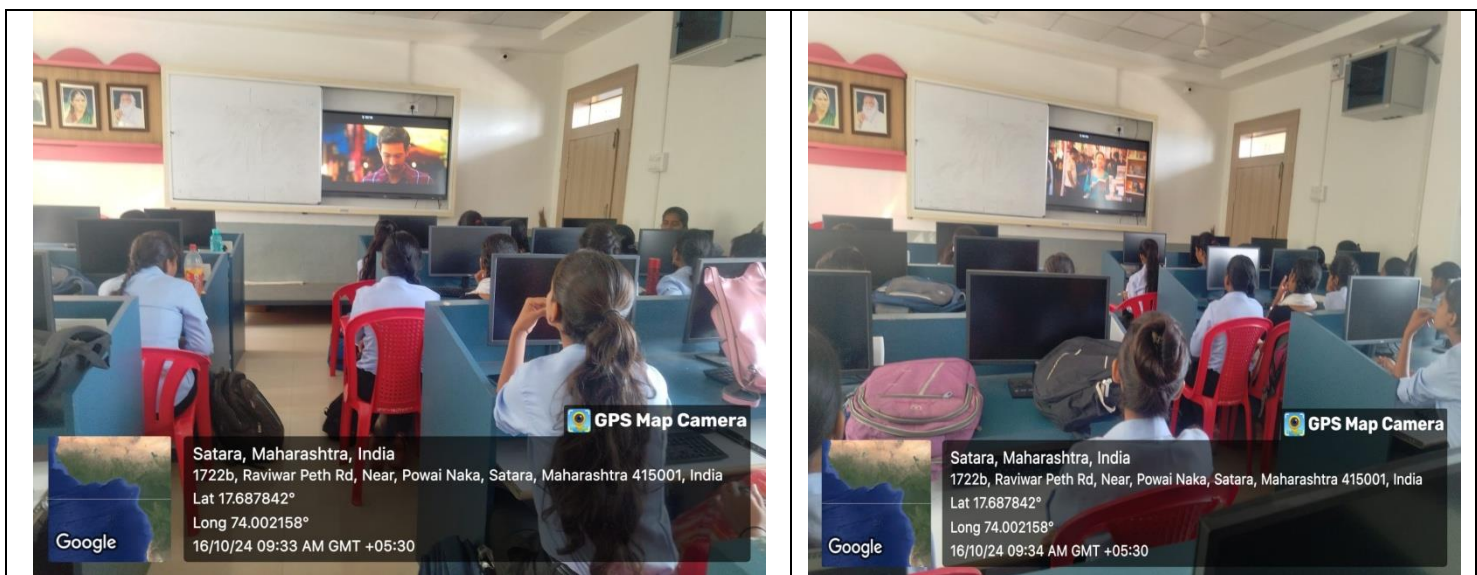
Twelfth Fail has been well-received for its authentic depiction of personal and societal issues. Its engaging storyline and relatable characters have resonated with audiences, leading to discussions about the challenges of achieving success in a competitive environment.

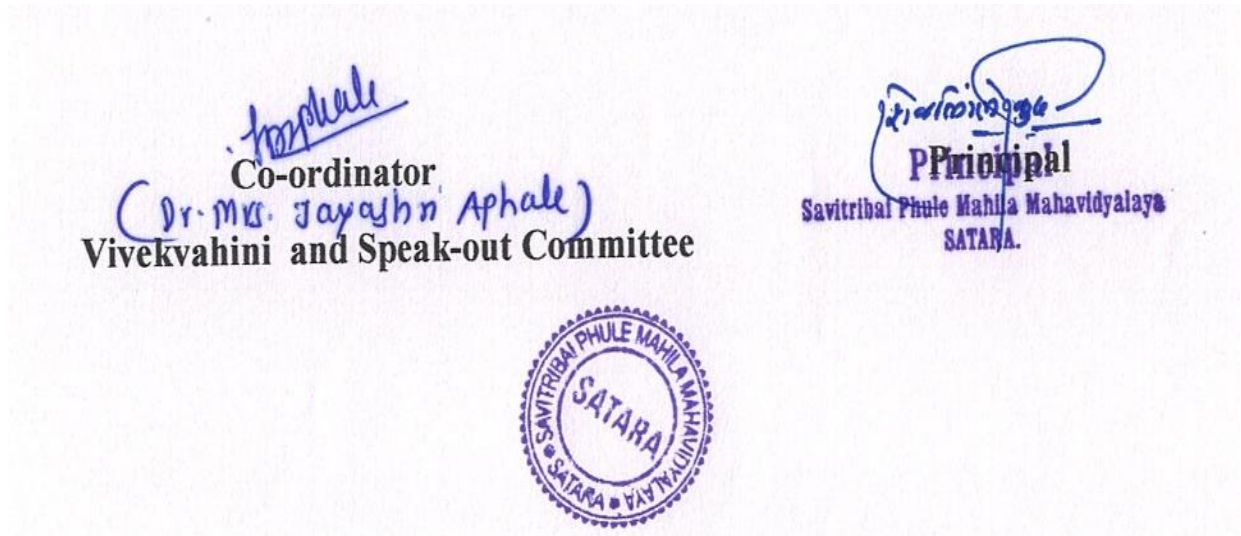
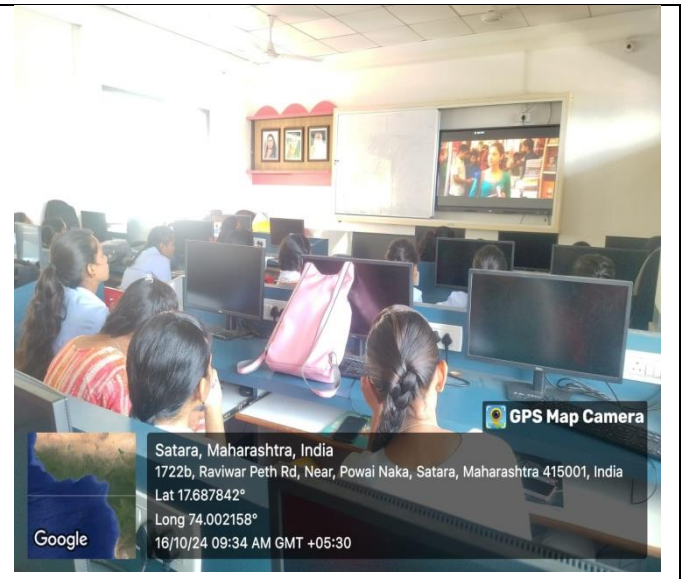
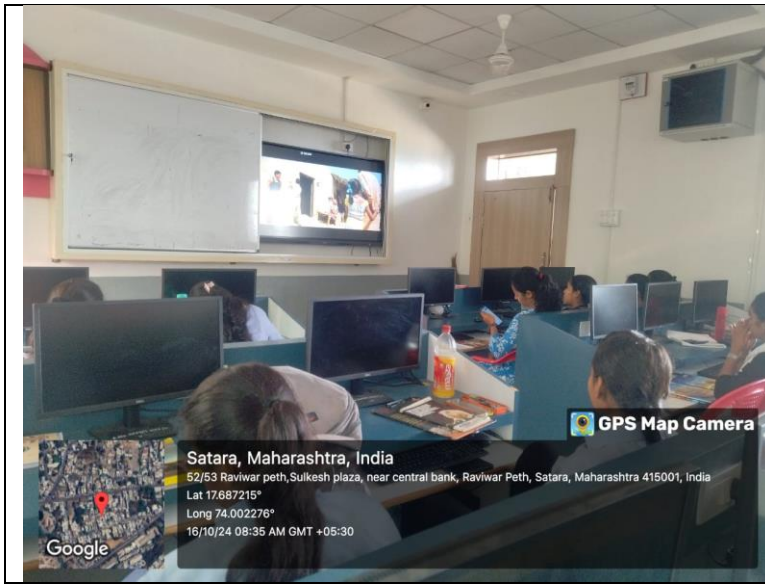
The film is celebrated for its motivational message and critique of systemic issues, making it a notable addition to contemporary cinema.

6. Screening Process

Description of how the screening was organized (e.g., arrangements, technical setup)

PHOTOS;







Rayat Shikshan Sanstha's

Savitribai Phule Mahila Mahavidyalaya, Satara

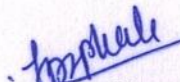
Vivekvahini /Speak -out cell and Psychosocial Cell

Academic Year: 2023-24

NOTICE

Date:05/09/2023

All the students from the first year of Arts, and Commerce are informed herewith this notice that Vivekvahini is going to organize a workshop on Eco-Friendly Ganesh Idol making. The students who are interested to participated in making idols should bring with them soil or shadu clay (a natural clay). It is most suitable for making idols. It will be conducted at sharp 10 am in Auditorium on 9th September 2023.


Co-ordinator
(Dr. Mrs. Jayashri Aphale)
Vivekvahini and Speak-out Committee


Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.





RayatShikshan Sanstha's

Savitribai Phule MahilaMahavidyalaya, Satara
VivekVahini, Speak-Out Cell & Psycho-Socio Cell
(MoU Signed with Maharashtra Vivekvahini)

Academic Year: 2023-24

Report of a Workshop on Eco-friendly Ganesh Idol Making

Day &Date: Saturday, 09/09/2023

Time: 10.00am

Introduction:

Savitribai Mahila Mahavidyalaya Satara has signed an MoU with Maharashtra Vivek-vahini for the overall development of the students. Vivekvahini helps in organizing various activities to inculcate scientific approach and rational attitude towards life into the students. Many programmes help to inculcate social ethics, moral values, women empowerment and gender equality. To make the students aware of Social responsibility college always takes initiative along with different GOs and NGOs. In collaboration with Maharashtra Vivekvahini and Aroh Social Group, Satara every year Vivekvahini Committee of college organizes a workshop on Eco-friendly Ganesh idol making. Today we find various problems due to the pollution of water, air, noise and soil. India is known as a multi-cultural and multi-lingual country all over the world. There are many rituals which are celebrated in Indian community, which causes the pollution such as: Diwali, Rangpanchami and Ganeshostava. To celebrate these programmes in eco-friendly manner activity like Eco-friendly Ganesh Idol Making is organized by Vivekvahini and Speak-out Cell every year to convey the message of [preservation of Nature.

Objectives:

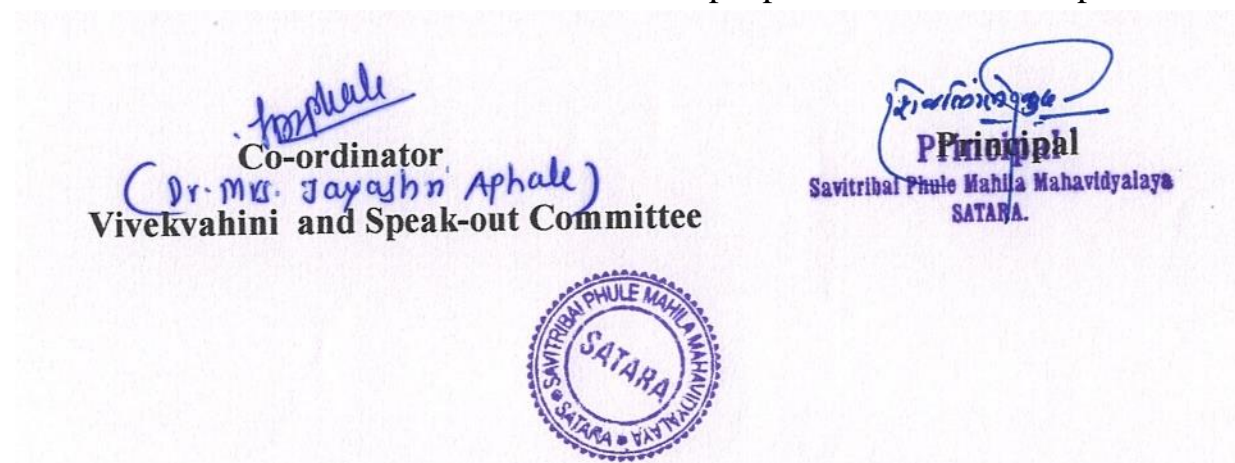
- To inculcate the social ethics, moral values and rational thinking
- To make the students responsible citizens
- To inculcate scientific approach towards life
- To promote the significance of pollution free nature
- To make the student able to prepare the eco-friendly Ganesh idols.

Description of Activity:

On Saturday, 9th September 2023 a workshop on Eco –friendly Ganesh was organized by Vivekvahini, Speak-out cell and Psycho-socio Cell. All over Maharashtra ganeshustav is celebrated in very happy and enthusiastic way. To get the real happiness of ceremony everyone must be careful of the manner of celebration to avoid the different kind of pollution. The present workshop is conducted to create the awareness among the students about the eco-friendly Ganesh to train the students Ms.Ira Mandape and Ms.Vaishali Devi were invited as the resource persons for the workshop. They gave the demo of making ganesh idols with the soil which can be easily mix with water and soil without any pollution. The purpose and resource persons were introduced by Dr.Mrs.JayashriAphale,Coordinator of Vivekvahini and Speak-out cell. Ira Mandape and Ms.Vaishali Devi gave demo of making Ganesh idol with clay and also explained the significance of eco-friendly Ganesh .Their demo motivated the students and some students participated actively and prepared Ganesh idols and decided to celebrate eco-friendly Ganeshostava. Ms.SmitaKumbhar, a physical director proposed vote of thanks and Shri.DilipPawar compeered the programme.

Output:

- Students came to know the meaning and significance of eco-friendly Ganeshostav.
- Students came to know how Ganeshostav caused different pollutions and how we have to overcome these problems.
- Students Learned to make Ganesh idols with clay.
- Students decided to motivate other people from their native place.



Photos:

Ira Mandpe and Vaishalidevi giving the demo of Ganesh Idol Making



Satara, Maharashtra, India

Karmaveer Samadhi Parisar, Raviwar Peth, Powai Naka, M2M3+X9F, kesarkar peth, Guruwar Peth, Satara, Maharashtra 415001, India

Lat 17.684904°

Long 74.003433°

09/09/23 11:03 AM GMT +05:30

Students Preparing Clay Ganesh Idols



Satara, Maharashtra, India

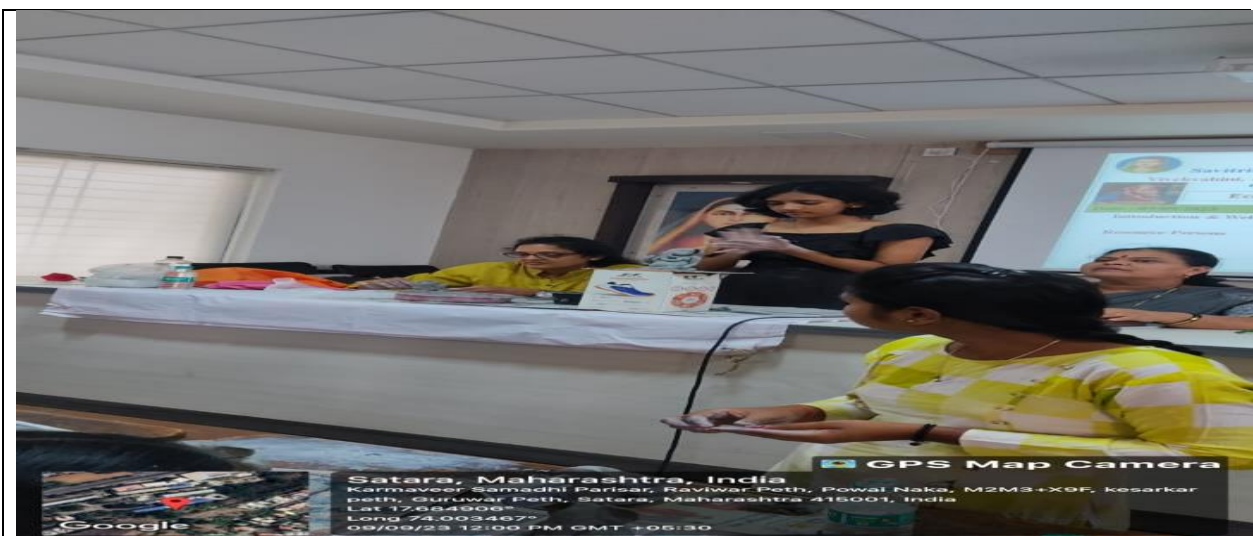
Karmaveer Samadhi Parisar, Raviwar Peth, Powai Naka, M2M3+X9F, kesarkar peth, Guruwar Peth, Satara, Maharashtra 415001, India

Lat 17.684899°

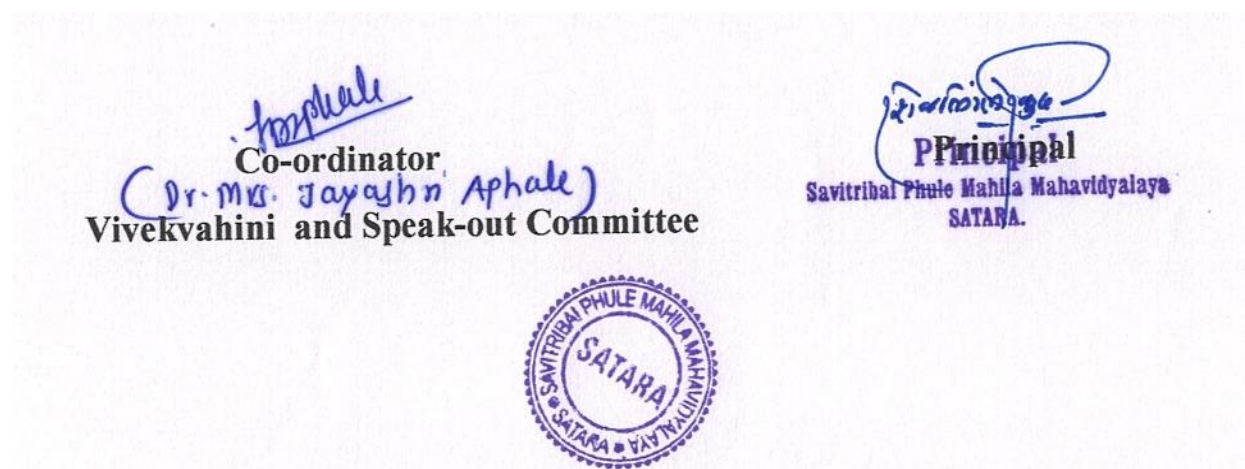
Long 74.003411°

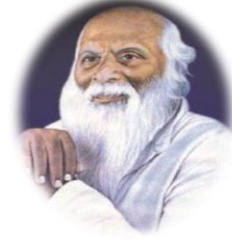
09/09/23 11:00 AM GMT +05:30

Demo of Clay Ganesh Making



Clay Ganesh Idols made by Student Participants





Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara.
Vivekvahini, Speak-out Cell and Psycho-Socio Cell
Organize

A One day workshop on Eco Friendly Ganesh Idol Making

Saturday, 9th September, 2023

Time: 10.00 am

Table Programme

Introduction and Welcome	: Dr. Mrs. Jayashri Aphale (IQAC Co-ordinator)
Chief Guest	: Hon. Dr .Chitra Dabholkar (Pediatrician and Social Worker)
Resource persons	: Ms.Vaishali Devi. Ira Mandape.
President	: Hon. Prin. Dr. Shivling Menkudale (Auditor, Rayat Shikshan Sanstha, Satara)
Vote of Thanks	: Shri. Dilip Pawar (Head of the Department Psychology)
Compere	: Shri. Dilip Pawar (Head of the Department Psychology)

Venue: Hall No. 10



RayatShikshan Sanstha's

Savitribai Phule Mahila Mahavidyalaya, Satara

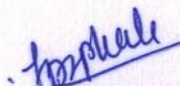
Vivekvahini /Speak- out Cell and Psycho-social Cell

Academic Year: 2023-24

NOTICE

Date:18/12/2023

All the students are informed herewith this notice that PSYCHO SOCIO CELL AND VIVEKVAHINI collaboratively organizing a workshop on Mind Matters: Fostering Mental Health Awareness. The workshop will be conducted on 20th December 2023 at 10 am in Hall no 22. All the students form opt. psychology should remain present for the workshop without fail


Co-ordinator
(Dr. Mrs. Jayashri Aphale)
Vivekvahini and Speak-out Committee


Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.





Rayat Shikshan Sanstha's

Savitribai Phule MahilaMahavidyalaya, Satara
VivekVahini, Speak-Out Cell & Psycho-Socio Cell
(MoU Signed with Maharashtra Vivekvahini)

Academic Year: 2023-24

Report of a Workshop on "Mind Matters: Fostering Mental Health Awareness"

Day & Date: Tuesday, 20/12/2023

Time: 10.00am

Resource Person: Ms. Rutuja Karande

Vivekvahini and Department of Psychology successfully organized a workshop titled "*Mind Matters: Fostering Mental Health Awareness*" on 20th December 2023. The event aimed to spread awareness about mental health and equip participants with knowledge and practical strategies to maintain psychological well-being.

Key Highlights of the Workshop:

1. Inaugural Session:

The workshop commenced with an introduction by the coordinator of Vivekvahini, highlighting the importance of mental health in today's fast-paced world.

2. Interactive Presentation by Ms. Rutuja Karande:

Ms. Rutuja Karande, a distinguished mental health professional, shared insightful knowledge on:

- Recognizing signs of mental health challenges.
- Overcoming stigma related to mental illness.
- Importance of self-care and seeking help when needed.

3. Activities and Engagement:

The session included interactive activities such as mindfulness exercises and role-playing scenarios to foster empathy and understanding of mental health issues.

4. Q&A Session:

Participants actively engaged with the resource person, raising queries and sharing their experiences, which Ms. Karande addressed with expertise and compassion.

5. Takeaways:

- The necessity of creating a supportive environment for open discussions about mental health.
- Practical tips for maintaining mental well-being, including stress management techniques and coping mechanisms.

Conclusion:

The workshop concluded with a vote of thanks, expressing gratitude to Ms. Rutuja Karande for her valuable insights and to all participants for their enthusiastic involvement. The event was a step forward in promoting mental health awareness and building a community that prioritizes psychological well-being.

Feedback:

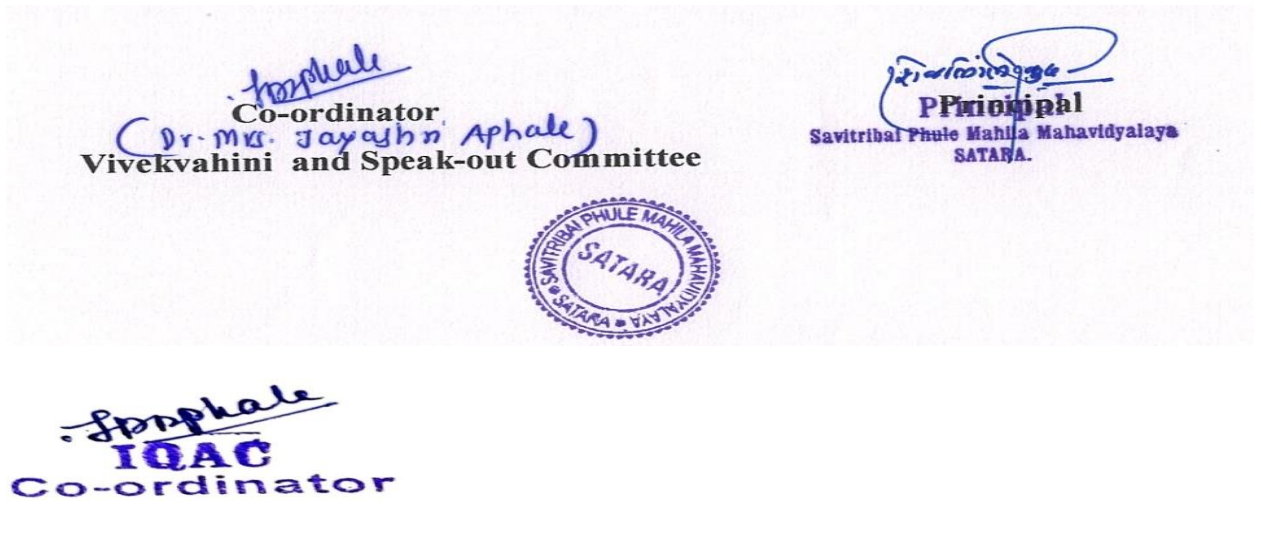
The attendees appreciated the workshop, emphasizing the relevance of such initiatives in enhancing awareness and reducing stigma around mental health.

This event successfully reinforced Vivekvahini's commitment to fostering holistic development and well-being among individuals.

Photos:



Ms. Rutuja Karande guiding the students





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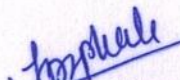
Vivekvahini /Speak -out Cell and Psycho-social Cell

Academic Year: 2023-24

NOTICE

Date:01/09/2023

All the students are informed herewith this notice that psycho socio cell and vivekvahini collaboratively organizing a workshop on Secure Use of Social Media and Technology. The workshop will be conducted on 02 September 2023 at 10 am in Hall no 22. All the students form opt. psychology should remain present for the workshop without fail.


Co-ordinator
(Dr. Mrs. Jayashri Aphale)
Vivekvahini and Speak-out Committee


Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.





Rayat Shikshan Sanstha's

Savitribai Phule Mahila Mahavidyalaya, Satara
VivekVahini, Speak-Out Cell & Psycho-Socio Cell



Report of Workshop on Secure Use of Social Media and Technology

Academic Year: 2023-2024

Date: 02/09/2023

Time: 11:30 am

Introduction: The internet in India is growing rapidly. There are two sides to a coin. Internet also has its own disadvantages. One of the major disadvantage is cyber crime- illegal activity committed on the internet. Today's digital era faces a looming risk of cyber attacks.

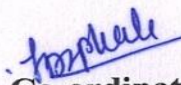
Objectives:

1. To raise awareness and educate students about the risks associated with cybercrime
2. To educate students about the importance of cybersecurity

Workshop on "Secure Use of Social Media and Technology" was organized by Vivekvahini Committee on 02 September, 2023 at 11:30 am. Dr. Mrs. Jayashri Aphale (IQAC-Co-ordinator) welcomed resource person Mr. Ajit Jadhav (Police Department, Satara).

The session was taken over by Mr. Ajit Jadhav where he explained various topics relating to cybercrime, cyberlaws, hacking, spamming, android hacking, social media its advantages & disadvantages and gave students' knowledge about various tools involved in hacking. He also gave relatable real-life examples about how people have been affected by hacking and other cybercrimes. He cautioned the students and explained them about various measures they should take to safeguard themselves from such cybercrimes.

The workshop was very useful and inspirable to all the young students. The students enjoyed the session and Q&A Session. Mr. Dilip Pawar (Head of Department, Psychology) delivered a vote of thanks. Mrs. Latika Patil did Compering the program.


Co-ordinator
(Dr. Mrs. Jayashri Aphale)
Vivekvahini and Speak-out Committee


Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.





Rayat Shikshan Sanstha's

Savitribai Phule Mahila Mahavidyalaya, Satara

Vivekvahini, Speak-Out Cell & Psycho-Socio Cell

Report of Workshop on Secure Use of Social Media and Technology

Academic Year: 2023-2024

PHOTOS



Jayashree Aphale
Co-ordinator
(Dr. Mrs. Jayashree Aphale)
Vivekvahini and Speak-out Committee

Principals
Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.





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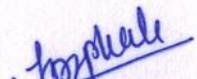
Vivekvahini /Speak- out Cell and Psycho-social Cell

Academic Year: 2023-24

NOTICE

Date:07/01/2024

All the students are informed herewith this notice that PSYCHO SOCIO CELL AND VIVEKVAHINI Collaboratively organizing a workshop on Life Skills for Social Responsibility. The workshop will be conducted on 11th January 2024 at 10 am in Hall no 22. All the students form opt. psychology should remain present for the workshop without fail


Co-ordinator
(Dr. Mrs. Jayashri Aphale)
Vivekvahini and Speak-out Committee


Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.





RayatShikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara
Vivek- Vahini, Speak-Out Cell & Psycho-Socio Cell
Academic year: 2023-24

A Report
On
Workshop on Life Skills for Social Responsibility

- 1. Date of Workshop:** 11/01/2024
- 2. Kind of Activity:** Hands on Soft/Life Skills Training
- 3. Organized By:** Vivekvahini and Speak-out Cell
- 4. Collaborating Agency:** Maharashtra Vivekvahini ,Pune
- 5. Resource Person/Trainer:** Dr.Chitra Dabholkar, Adv. Beena Shaha , Ms.Revati Bund
- 6. Objectives of the Workshop:**

Life skills go hand in hand with development and can assist students to succeed later in life. Life skills are recognized as those essential skills that bring to get her the social, emotional, and cognitive capacities of a person to solve problems and achieve goals. Life skills training equip students with the social and interpersonal skills that enable them to cope with the demands of everyday life. The objectives of this training are to build self-confidence, encourage critical thinking, foster independence and help students to communicate more effectively. I the participants/ studnets become more assertive, communicate effectively with others by developing good listening skills and learn to handle stress and deal with disappointments and setbacks. Such training sessions help students to explore their beliefs and attitudes through group discussions and confidence building techniques such as positive visualization. They encourage students to play to their strengths by engaging in creative activities and following a healthy lifestyle.

After completing this workshop students will be able to:

- Learn how to deal with failure

- Improve their study skills
- Learn how to manage their time
- Learn how to manage their emotions
- Learn how to establish and maintain healthy relationships
- Learn how to communicate effectively
- Learn to develop inter personal skills and adopt good leadership behavior for empowerment of self and others

7. Place of Activity(venue): Hall No.10

8. Number of Participants: Total 73 students participated for this workshop

9. Participants from: All Branch Students from first year

10. Workshop Discussions & Handson Training on:

Session -I	Introduction: Soft Skills & Communication <ul style="list-style-type: none"> ➤ In-demand soft skills, ➤ Clarity, Confidence, Respect, Empathy, Listening ➤ Verbal communication, Non-verbal communication ➤ Written communication, Constructive feedback, Friendliness
	Practical Activities on Above
Session-II	Teamwork <p>---Collaboration, Cooperation, Coordination, Delegation, Listening, Active listening, Idea exchange, Mediation, Negotiation</p>
	Practical Activities on Above
Session - III	Time Management <p>---Prioritizing, Self-starter, Planning, Decision making ,Focus, Delegation, Stress management, Coping, Organization,</p>
	Practical Activities on Above

Photos:



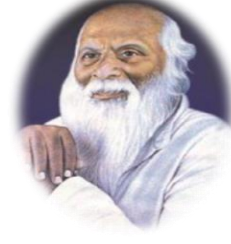
Life Skills for Social Responsibility



Dr. Mrs. Jayashri Aphale
Co-ordinator
Vivekvahini and Speak-out Committee

Savitribai Phule
Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.





Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara.
Vivekvahini, Speak-out Cell and Psycho-Socio Cell

Organize
Life Skills for Social Responsibility

Monday, 11th January, 2024

Time: 10.00 am

Table Programme

Introduction and Welcome	: Dr. Mrs. Jayashri Aphale (IQAC Co-ordinator)
Chief Guest	: Hon. Dr .Chitra Dabholkar (Pediatrician and Social Worker)
Resource persons	: Mrs.Vaishali Mandape. (Aroh Group, Satara)
President	: Hon. Prin. Dr. Shivling Menkudale (Auditor, Rayat Shikshan Sanstha, Satara)
Vote of Thanks	: Shri. Dilip Pawar (Head of the Department Psychology)
Compere	: Shri. Dilip Pawar (Head of the Department Psychology)

.....
Venue: Hall No. 10



Rayat Shikshan Sanstha's

Savitribai Phule Mahila Mahavidyalaya, Satara

Academic Year: 2023-24

Vivekvahini, Speak-Out Cell and Psycho-Socio Counseling Cell

Organizing one day workshop on

“Pre and Post-Marriage Counseling”

Report

Day & Date: Wednesday 17/01/2024

Time: 10am

Introduction:

Vivekvahini, Speak-out Cell and Psycho-socio Cell collaboratively work for the psychological health and stress management of the students. All the girl students of the college are youngsters. They face many physical and psychological changes after eighteen. In this age they need proper guidance and Mental support to decide their future. Indian culture is mostly known for the convictions and traditions, which caused various social and personal issues. Marriage is one of such tradition, which needs proper counseling and guidance. Today's world is a world of globalization, privatization and information and technology. World became a small village and easy to communicate. With these developments some issues are raised. Marriage becomes a social issue today because of social media, technology, and multi-culturalism.

One Day Premarital Workshop was organized on 17th January 2024. Workshop was based on premarital counselling for college students under Nirbhaya Kanya Abhiyan by Vidyarthi Kalyan Mandal. Psychotherapists and Counsellor Dr. Anuradha Harkare and Mrs. Gauri Gokhale were the guest speakers for the workshop. Dr. Jayashri Bangali-Head, Student Development Organization of the college, presented the main purpose of organizing the workshop and mentioned the immense importance of the topic of premarital counselling for students.

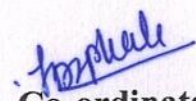
Principal Dr. Shivling Menkudale in his address, awakened the students about the changes that happen in life after marriage and the various problems that

arise due to misunderstandings and wished everyone a happy life. The chief guest of the program Mrs gave an explanation to students on the difference between marriage and pre-marital bliss. She said that happiness is important in every relationship and we ourselves are responsible for that happiness. She explained how one should maintain balance in our body, mind and intellect while reacting to every action around us.

Guest Speaker- Mrs.Deepa Mahajni started her lecture by asking questions to students. She first explored the mindsets and ideas of students regarding marriage and expectations about life partner and mentioned that marriage is a major concept in any relationship where partners are expected to share everything and every emotion with each other. She also guided by saying that while choosing a suitable partner, one's personality, thoughts, age, ability to accept responsibility and seriousness in life should be taken into consideration. At a young age, students should gain control over their own mind and emotions with their intellect, and should behave thoughtfully, she added.

Another Guest Speaker-Mrs. Vaishali Devi advised the students to be realistic and explained the process of carefully understanding and accommodating others while maintaining a love relationship. She also said that understanding and patience are important in both love and care while establishing a relationship. She made a very remarkable distinction between feeling love and keeping love.

Shri. N.D.Bansode did compering for the workshop and Dr. Pratibha Ghatage presented a Vote of Thanks. She specially expressed her gratitude towards Adv.Bena Shaha, Vaishali Devi ,and Deepa Mahajani for their valuable guidance and support. The workshop got a huge response of more than 100 students.


Co-ordinator
(Dr. Mrs. Jayashri Aphale)
Vivekvahini and Speak-out Committee


Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.



Photos:



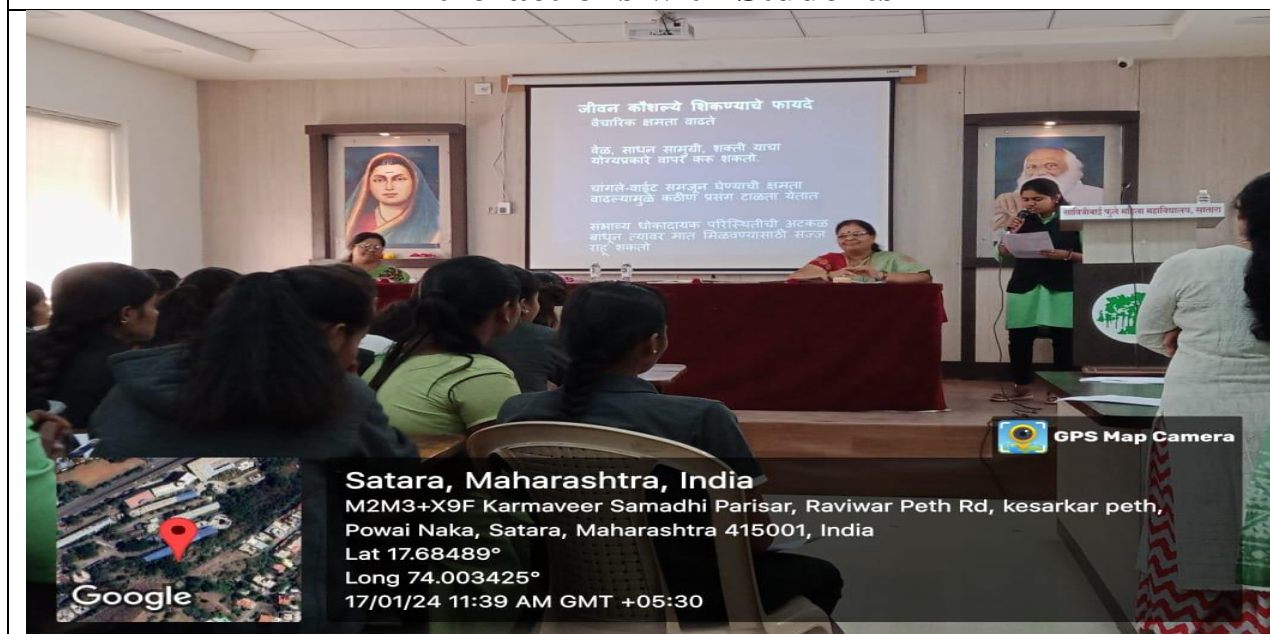
Resource Person Guiding the Students



Adv.Mrs.Beena Shaha Guiding the Students



Intractions with Students



Participants presented views and opinions

Jayashree Aphale
Co-ordinator
(Dr. Mrs. Jayashree Aphale)
Vivekvahini and Speak-out Committee

Principals
Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.






**Rayat Shikshan Sanstha,
Savitribai Phule Mahila Mahavidyalaya, Satara
Short Term Courses
Year 2023-24
Report**

Rayat Shikshan Sanstha's Founder Padmabhushan Dr. Karmaveer Bhaurao Patil started the '**Earn and Learn**' scheme in order to poor and needy students to continue their higher education . Following this thought **Karmveer Vidyaprabodhini** of Rayat Shikshan Sanstha has implemented **short term courses** in the college . In the academic year 2023-24, **22** Short term courses were run in our college. They are as following :

Sr.No.	Name of the Course	Students enrolled
1	Soft Skills and Career Opportunities in Arts	122
2	English Communication skills for Arts	122
3	Soft Skills and Career Opportunities in Commerce	107
4	English Communication skills for Commerce	113
5	Soft Skills and Career Opportunities in Computer Applications	126
6	English Communication skills for BCA	126
7	Personality Development	79
8	Home Science	79
9	Tally ERP-9	86
10	Entrepreneurship Development	86
11	Hardware and Networking	186
12	Journalism	30
13	Agribusiness	30
14	IBPS Exam. Guidance Course	102
15	MPSC Exam. Guidance Course	100
16	Web-designing	83
17	GDC&A	77
18	NET/SET Exam. Guidance Course	109
19	Stock Marketing	32
20	Fashion Designing and Dress Making	29
21	Beauty Therapist	30
22	Event Management	23

All the courses were successfully completed under the guidance of Principal Dr. Shivling Menkundale with cooperation of all the coordinators.


Chairman
Short Term Courses


IQAC
Co-ordinator




Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.



**Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya,
Satara.**

Department of Commerce and Management

Academic Year 2023-24

Trade Fair day

Name of the Programme	Day & Date	Resource Person	Beneficiaries
Trade Fair Day	Wednesday, 14/03/2024	• Hon. Vasant Shinde	All Students

Objective: To enlighten enterprunership skills among students .

Brief Report: On 14/03/2024 Department of Commerce & Management had organised a Trade Fair Day 2023 for Students. There were total **20** stalls of food stuff and **16** stalls of Short Term courses. . Enthusistic students of B.A & B. Com had participated with their unique skill of enterprunership by demonstrating various food stall and different art product for sale . Overall acticity had gain huge response from students.

Outcome: Increase entrepreneurship skills among students and become employable to them.






Head
 Department of Commerce & Management
 Savitribai Phule Mahila Mahavidyalaya
 Satara




Principal
 Savitribai Phule Mahila Mahavidyalaya
 SATARA.