



Rayat Shikshan Sanstha's  
**Savitribai Phule Mahila Mahavidyalaya, Satara**

**Academic Year: 2024-2**

**A Report on  
Extension Activity**

**Free Health Camp Organized by IQAC, Student Development Committee and Health Care Committee in collaboration with Chhatrapati Sambhaji Maharaj Government Medical College and Hospital, Satara**

**Details of the Health Camp**

**Date:** Saturday, 19th April

**Time:** 10:00 AM to 3:30 PM

**Venue:** SPMH, Satara

**Introduction** Chhatrapati Sambhaji Maharaj Government Medical College and Hospital, Satara, in collaboration with Shivaji University's Savitribai Phule Mahila Mahavidyalaya's Student Development Committee and Health Care Committee, organized a Free Health Camp aimed at improving public health and spreading awareness about critical health issues. This initiative served as an extension activity designed to benefit the local community, including women, students, and faculty members, providing comprehensive healthcare services and awareness programs for all age groups.

**Objectives of the Health Camp**

1. **Promote Health Awareness:** Create awareness among the public about critical health concerns such as breast cancer, obesity, and thyroid issues.
2. **Encourage Preventive Healthcare:** Facilitate early detection and prevention of common and critical illnesses.
3. **Foster Community Engagement:** Provide accessible healthcare services to underserved sections of society.
4. **Encourage Voluntary Contributions:** Promote blood donation and organ donation awareness and registration.
5. **Student and Faculty Involvement:** Foster a sense of social responsibility among students and faculty by involving them in the organization and execution of the event.

**Organized by:** Student Development Committee and Health Care Committee of Savitribai Phule Mahila Mahavidyalaya, Satara, in collaboration with Chhatrapati Sambhaji Maharaj Government Medical College and Hospital, Satara

## Key Services Offered:

### 1. Health Promotion Campaigns (7 Key Initiatives):

- **Blood Donation Drive:** Encouraged voluntary blood donations to support medical emergencies.
- **Organ Donation Awareness Campaign:** Educated participants on the importance of organ donation and facilitated registrations.
- **Breast Cancer Awareness and Treatment:** Provided information and consultation on early detection and treatment.
- **Obesity Awareness and Management:** Conducted height, weight, and BMI measurements to promote healthy lifestyles.
- **Mission Thyroid:** Offered thyroid testing and related counseling.
- **Oral Health Campaign:** Provided dental checkups and guidance on maintaining oral hygiene.
- **Cataract Awareness:** Conducted sessions on preventing blindness due to cataracts.

### 2. General Health Checkups:

- Screened individuals for common ailments such as arthritis, rashes, swelling, high blood pressure, back pain, and other health concerns.

## Expert Team and Roles:

- **General Health Services:** Dr. Tushar Gadhave, Dr. Akshara
- **Breast Cancer Awareness:** Nurse Arunaa and Vaishnavi
- **Dental Services:** Dr. Priyanka Babar
- **Obesity Awareness:** Dr. Kanchan Deshmukh, Dr. Rishikesh Mirajkar
- **Dermatology Consultations:** Dr. Prateek Wakhare
- **Blood Testing:** Sheetal Shelar, Manisha Kalambe
- **Organ Donation Awareness and Registration:** Dr. Shardul Babar, Dr. Sanjana Pardeshi
- **Pharmacy Services:** Meena Salunkhe, Archana Pawar
- **Administrative Support:** Ajit Shinde, Sadhana Salunkhe
- **Community Service Supervisor:** Jayantkumar Katkar

## Outcomes of the Health Camp

### 1. Enhanced Community Health Awareness:

- The health camp educated attendees on the importance of regular health checkups and preventive measures for critical illnesses.

### 2. Improved Healthcare Access:

- A total of 148 individuals benefited from the health services offered, including women from the local community, students, and faculty members.

### 3. Social Responsibility:

- The initiative fostered a spirit of community involvement and responsibility among students and faculty.

#### 4. **Increased Awareness on Organ Donation:**

- Several participants expressed interest and registered for organ donation, contributing to a vital cause.

#### 5. **Positive Feedback:**

- The camp was well-received by the community, with requests for similar initiatives in the future.

### Conclusion

The Free Health Camp organized by Chhatrapati Sambhaji Maharaj Government Medical College and Hospital, Satara, in collaboration with Shivaji University's Savitribai Phule Mahila Mahavidyalaya's Student Development Committee and Health Care Committee, was a significant step towards improving community health and fostering awareness about preventive healthcare. With the active involvement of a dedicated team of experts and enthusiastic participation from the community, the initiative successfully achieved its objectives, making a meaningful impact on the lives of its beneficiaries.

### Photos:







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