



**Rayat Shikshan Sanstha's**  
**Savitribai Phule Mahila Mahavidyalaya, Satara**  
**Faculty Profile**



▪ **Personal Details:**

Name	Ms.Smita Mahadev Kumbhar
College Name	Savitribai Phule Mahila Mahavidyalaya,Satara
Address	303/03, Plot No 65, Dattanagar Malkapur,Karad.
Category	OBC
Subject	Physical Education
Date of Appointment	03/09/2010
Mobile Number	9096819960
E Mail ID	<a href="mailto:Smitakumbhar11@rediffmail.com">Smitakumbhar11@rediffmail.com</a> , <a href="mailto:smita.ulhas23@gmail.com">smita.ulhas23@gmail.com</a>
Educational Qualification	B.A.M.P.Ed (SET)

▪ **Educational Qualification Details :**

Sr. No	Course	University /Board	School /College	Class	Passing Year
1	S.S.C.	Pune Board	Priyadarshini Girls Hghschool,Bhuinj.	I class	1998
2	H.S.C.	Pune Board	Kisanveer Mahavidyalaya,Wai.	II class	2000
3	B.A.	Shivaji University, Kolhapur	Chh.Shivaji College, Satara	II Class	2003
4	B.PEd	Pune University, Pune	Chandrashekhar Agashe College, Pune	I class	2005
5	M.PEd.	Pune University, Pune.	Chandrashekhar Agashe College, Pune	I class	2008
6	SET	Pune University, Pune.	Chandrashekhar Agashe College, Pune	Qualified	2008

▪ **Teaching Experience Details : 22 Years**

<b>Sr. No</b>	<b>Name of the Institute</b>	<b>Designation</b>	<b>Service Period From</b>	<b>Service Period To</b>
1	Bharatratna Dr.Babasaheb Ambedkar,Mahavidyalaya,Pune.	Director of Physical Education	03/09/2010	15/06/2015
2	Yashwantrao Chavan Mahavidyalaya,Pachwad	Director of Physical Education	16/06/2016	07/08/2021
3	Savitribai Phule Mahila Mahavidyalya,Satara	Director of Physical Education	08/08/2021	Till date

## Board of Studies – 02

<b>Sr. No</b>	<b>Name of Institute</b>	<b>Name of Board</b>	<b>Designation</b>	<b>Period</b>
1	Karmaveer Bhaurao Patil University,Satara.	Sports and Physical Education	Member Board of Sports	10/01/2023
2	UGC NSQF sponsored skill development course: Certificate course in Yoga and Fitness	UGC NSQF	Invited Member	21/01/2020-21
3	S.G.M.College (Autonomous )	Shivaji University, Kolhapur	Invited Member	23/02/2024

## ■ Research Paper Presentation:

<b>Sr. No</b>	<b>Research Paper Title</b>	<b>Name of Conference</b>	<b>College Name / Place</b>	<b>Level</b>	<b>Date</b>
1	Effect of <i>Suryanamskara</i> on Trunk Joint Mobility of Teaching Faculty Impact Factor: 7.328	ISSN No. : 2347 7075 IJAAR 3 rd Feb 2022	Savitribai Phule Mahila Mahavidyalaya ,Satara.	International	3/2/2022
2	Yoga –A Relief for stress	ISSN No : 978-81-924177-1-4 UGC sponsored one day state level	Bharatratna Dr. babasaheb Ambedkar College, Aundh , Pune	International	24/8/2012
3	Comparative study on speed and agility among different games	IJCRT & 7.97 Impact factor by google scholar vol 6 issue 1	Yashwanyrao Chavan Mahavidyalaya ,Pachwad	International	March 21
4	Yoga for Youth: Empowering through Yoga	INTERNATIONAL RESEARCH JOURNAL OF MULTIDISCIPLINARY STUDIES Vol. 9, Issue 10, October, 2023 ISSN (Online): 2454-8499 Impact Factor: 1.8167 (GIF), 0.679(IIFS)	Savitribai Phule Mahila Mahavidyalaya ,Satara.	International	Oct 2023

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<b>Sr. No</b>	<b>Title</b>	<b>Funding Agency</b>	<b>Amount (Rs.)</b>	<b>Minor/ Major</b>	<b>Completed / Ongoing</b>
1	Study on the Impact of Yoga and Pranayam in relation to Diabetic and Hypertension of college faculty members.	SPMM,Satara	25000	Minor	Completed

▪ **Courses/ FDPs Attended:**

<b>Sr. No</b>	<b>Title of the Course</b>	<b>Period</b>	<b>Place</b>
1	Orientation Course	18/04/2016 to 15/05/2016	Pune University ,Pune
2	Refresher course in Rethinking Education after Covid-19	15/02/2021 to 28/02/2021	Shivaji College,Satara.
3	Refresher course in Physical Education	13/02/2024 to 26/02/02024	Pune University,Pune.

▪ **Work as a Resource Person :**

<b>Sr. No</b>	<b>Topic</b>	<b>College Name / Place</b>	<b>Level</b>	<b>Date</b>
1	Physical Fitness for Women	Sushila Shankarrao Gadhave Mahavidyalaya,Khandala .	University	28-01-2017
2	Difficulties faced by Rural girls in sports participation	Mangaltai Jagtap Mahila College,Satara.	Lead College level	30-01-2016
3	Doping in Sports	Shahu Stedium, Satara.	District Sports Office,Satara	7-04-2016
4	Aerobics Workshop	Sushila Shankarrao Gadhave Mahavidyalaya,Khandala.	Lead college level	2016-17
6	Stress management and Aerobics	Sant Gadge Maharaj Mahavidyalaya,Karad	Lead College level.	2017-18
7	Exercise and Health	Yashwantrao Chavan Mahavidyalaya,Pachwad	College Level	2019-20
8	Women's Health	Yashwantrao Chavan Mahavidyalaya,Pachwad.	N.S.S Camp Nikamwadi,Tal:Wai	2018-19
9	Sports and Physical Fitness	Minalben Mehta College Pachgani.	Lead college level	8-03-2017
10	Doping and Doping Methods	S.G.M.College,Karad.	Lead College Level	2018-19
11	Fitness Mantra	KBPMSR, Satara	Induction Programme-	22/08/2022

**Sports Organization:**

<b>Sr.No</b>	<b>Name of Event</b>	<b>Name of the Institute</b>	<b>Date</b>
1	Wrestling Men	Yashwantarao Chavan	28 and 29 Oct 2015-16

		Mahavidyalaya,Pachwad.	
2	Inter-Zone Yoga	Savitribai Phule Mahila Mahavidyalaya,Satara	29 & 30 Nov.2021-22
3	Satara Zonal Volleyball	Savitribai Phule Mahila Mahavidyalaya,Satara	1 Dec.2021-22
4	Satara Zonal Athletics	Savitribai Phule Mahila Mahavidyalaya,Satara	02 to 04 Nov.2022-23
5	Inter-Zonal Chess	Savitribai Phule Mahila Mahavidyalaya,Satara.	27 <sup>th</sup> and 28 <sup>th</sup> Oct 2023

▪ **Conferences/Seminars/Workshops /Webinar Organized:**

Sr. No	Name of the Conference	Level	Funding agencies	Role	Year
1	“Need of Physical Fitness and Wellness in the era of Rat -Race”	State level seminar	UGC Sponsored	Convener	24 Sep 2012
2	“Sport Psychology: Advances in Technology, Training Methodology, and Measurement”	National conference	UGC Sponsored	Co-convener	23-24 September 2016.
3	“Age Appropriate Physical Fitness”	National Webinar	Savitribai Phule Mahila Mahavidyalaya and Chh.Shivaji College ,Satara	coordinator	8 Sep 2021
4	Awareness of Covid-19 and Vaccination’	Two days state level webinar	Y.C.College ,Pachwad and K.V.M.Wai	coordinator	28May 2021 and 29 May 2021.
5	Prevention and Treatment: Pillars of Physical and Mental Health	One day National Webinar	Y.C.College, Pachwad	coordinator	18 July 2020
6	Ayurveda and Covid-19”	Three days State level Lecture series	Y.C.College ,Pachwad	coordinator	28 to 30 April 2021
7	Interesting Connection between Music and Sports”	One day State level Webinar	Y.C.College ,Pachwad and lead College,Wai	coordinator	10/02/2021
8	Health and Hygiene’	One day Mega Event	Lead College,Wai	coordinator	30/12/2015

▪ **Books/ Edited : 02**

Sr. No	Name of Proceeding Book	Publisher Name	ISBN No.	Author /Edited	Year
1	Need of Physical Fitness and Wellness in the Era of Rat Race.	Bharatratna Dr.Babasaheb Ambedkar Mahavidyalaya,Satara	978-81-924177-1-4	Editor Kumbhar S,Lohote P.K, Bhagat S	2012-13

2	Sport Psychology: Advances in Technology, Training Methodology and Measurements.	Yashwantrao Chavan Mahavidyalya, Pachwad.	-	Shaikh, E., Kumbhar, S., Shaikh, N., Shinde, V., Shaligram, A., Shinde, A. & Bedarkar, P. (2016)	2018-19
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### University Contribution:

Sr. No	Name of the Team University	Place	Designation	Period
1	Judo (W) University, Pune.	Punjab University, Chandigarh	Team Manager	13/03/21 to 21/03/2013
2	Inter-Zone Judo (M) University, Pune.	Narayangaon ,Pune	Team Manager	2013-14
3	Rifle and Pistol Shooting Inter-Collegiate Level under Pune City Zone	Pune city zonal sports council	Selection Committee member	16/01/2012
4	Yoga Team Shivaji University, Kolhapur	Event organized college	Selection Committee Member	From 2016-17 to 2022-23
5	Inter-zonal Volleyball Technical Officer	Shahu Stadium Satara	Technical Officer	24/10/2016 to 25/10/2016

### • Membership of Various Bodies: (National/ State/ University)

Sr. No	Name of Agency	Designation	Duration	Level
1	SUTA	Member	Life	University
2	SCPETA	Member	Life	University

### • Work at Sanstha Level :

Sr. No	Item	Designation	Year	Remark
1	CHB Assistant Professors interview	Subject Expert	2021-22	
2	CHB Assistant Professors interview	Subject Expert	2022-23	
3	Karmaveer Krida Prabodhini	Invitee Member	2022-23	